

RECOGNIZING THE GARLAND WELLNESS INITIATIVE

HON. JEB HENSARLING

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Monday, July 25, 2005

Mr. HENSARLING. Mr. Speaker, today I would like to recognize the City of Garland as well as the organizers and participants of the Garland Wellness Initiative pilot program. This innovative new program encourages healthy lifestyles and physical fitness in an effort to offset rising healthcare costs.

For several months, 30 participants have undergone physical exams, blood tests, and met weekly to discuss eating habits, nutrition, exercise, and preventative healthcare options. As a whole, the group lost over 700 pounds and several applicants were able to reduce or eliminate diabetes and hypertension medications. The group reported significant reductions in their sugar consumption and a large portion felt an overall increase in energy.

The Wellness Initiative pilot program proved to be a cost-efficient way to advocate healthy lifestyle choices. Participants in the program were able to see savings in their medical care drop by approximately \$400 per person.

Today, I also want to provide special recognition to two outstanding individuals, Rick French, the Benefit Manager for the City's Human Resource Risk Management Department, and Marcia Upson, a family nurse practitioner, who came together to create the Garland Wellness Initiative and helped make the pilot program such a tremendous success.

A PROCLAMATION IN MEMORY OF DOLORES C. HORNER

HON. ROBERT W. NEY

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Monday, July 25, 2005

Mr. NEY. Mr. Speaker:

Whereas, I hereby offer my heartfelt condolences to the family and friends of Dolores C. Horner; and

Whereas, Dolores C. Horner was born on May 17, 1930, in Bridgeport, Ohio; and

Whereas, Dolores C. Horner was preceded in death by her husband, Robert W. Horner, to whom she was devoted and dearly loved; and

Whereas, Dolores C. Horner was an adoring daughter, sister, wife, and mother to the members of her family. She was the mother of six, a son Richard W. Horner and five daughters, Louise C. Matusik, Sharlene M. Howard, Phyllis J. Grubb, Judith R. Works, and Robyn L. Shaheen. Dolores C. Horner was a dedicated grandmother to seventeen and great-grandmother to thirty-four; and

Whereas, Dolores C. Horner was a faithful member of Riverview Bible Church in Wheeling, West Virginia; and

Whereas, the understanding and caring to which Dolores C. Horner gave to others will stand as a monument to a truly fine person. Her life and love gave joy to all who knew her.

Therefore, while I understand how words cannot express our grief at this most trying of times, I offer this token of profound sympathy to the family and friends of Dolores C. Horner.

IN HONOR OF DR. JULIUS ZOLTAN NADAS, LEADER OF THE HUNGARIAN WORLD CONGRESS

HON. DENNIS J. KUCINICH

OF OHIO

IN THE HOUSE OF REPRESENTATIVES

Monday, July 25, 2005

Mr. KUCINICH. Mr. Speaker, I rise today in honor and recognition of Dr. Julius Nadas, international advocate of human rights and freedom, and dedicated protector and preservationist of the history and culture of Hungary. I also rise in tribute and celebration of Dr. Nadas' upcoming centennial birthday. One hundred years young in November, his vitality and youthful spirit continue to radiate light, hope and possibility all around him.

Dr. Nadas was born in Kecskemet, Hungary in 1905. When he was 5 years old, the family moved to Transylvania, Hungary, now present-day Romania. His parents instilled in him a great love of culture, family, community, and above all, they taught their children to stand up for human ideals of freedom and human rights, regardless of the struggle inherent in the quest for liberty. Possessing a deep intellect and an unwavering search for knowledge and understanding, Dr. Nadas was awarded a Ph.D. in Political Economics from the Royal University of Political Economics. In 1945, Dr. Nadas and his new bride, Violet, fled Hungary because of the Russian communist invasion. They lost all of their possessions, including property they owned, and lived in exile in Austria, where Dr. Nadas took on menial jobs to support his family. In 1950, buoyed by the hope of freedom from oppression and the promise of opportunity, Dr. Nadas immigrated with his wife and children to America. From the age of 52 until age 70, Dr. Nadas worked as a tool and die maker for General Electric in Nela Park. Also during that time, until 2002, Dr. Nadas established Nadas Business Services, a retailer of fine Hungarian imports. Providing a good life for his family was always a priority. The center of family, Dr. Nadas is a devoted husband, father, grandfather and great-grandfather. His commitment to family reflects his dedication to the community, where Dr. Nadas' promotion of Hungarian culture, history and people, and their courageous fight for freedom, is kept alive through his leadership and involvement in numerous Hungarian American organizations, including the Hungarian World Congress and the Hungarian Association of Cleveland.

Mr. Speaker and Colleagues, please join me in honor and tribute of Dr. Julius Zoltan Nadas, for his immeasurable contributions to our country. His sacrifice, bravery and tenacity reflects the significant story of the immigrant—the story of those like Dr. Nadas, who endured great danger and sacrifice to escape the darkness of tyranny in search of freedom. Dr. Nadas continues to provide energy, inspiration and warmth to his family, and to the people of the Hungarian community of Greater Cleveland, and far beyond.

CONFLICT OVER THE BAKASSI PENINSULA OF CAMEROON

HON. MIKE ROGERS

OF ALABAMA

IN THE HOUSE OF REPRESENTATIVES

Monday, July 25, 2005

Mr. ROGERS of Michigan. Mr. Speaker, I rise today to speak to the ongoing conflict over the Bakassi Peninsula of Cameroon.

Three years ago, the International Court of Justice ruled that the Bakassi Peninsula belonged solely to the Republic of Cameroon and President Obasanjo of Nigeria promised to abide by the court's ruling and remove his troops. However, I am concerned with the fact that this has not occurred. I support continued progress in Cameroon, both economically and politically. America must continue to remain active in the support of democracy and the rule of law around the world.

Mr. Speaker, I appreciate being able to bring this important situation to your attention and I look forward to working with my colleagues on a solution.

NATIONAL AERONAUTICS AND SPACE ADMINISTRATION AU- THORIZATION ACT OF 2005

SPEECH OF

HON. AL GREEN

OF TEXAS

IN THE HOUSE OF REPRESENTATIVES

Friday, July 22, 2005

The House in Committee of the Whole House on the State of the Union had under consideration the bill, (H.R. 3070) to reauthorize the human space flight, aeronautics, and science programs of the National Aeronautics and Space Administration, and for other purposes:

Mr. AL GREEN of Texas. Mr. Chairman, I want to express my full support of H.R. 3070, the NASA Authorization Act of 2005. This bill is truly a product of the spirit of cooperation fostered by the Chairman and ranking member of the Science Committee, Mr. BOEHLERT and Mr. GORDON.

Although reservations of the initial draft led the House Science Democratic Caucus to offer H.R. 3250, an authorization alternative, Mr. GORDON, as well as our Space and Aeronautics Subcommittee ranking member, Mr. UDALL, never terminated negotiations with Chairman BOEHLERT and Subcommittee Chairman CALVERT.

The evolution of H.R. 3070 reflects the strong character and leadership necessary to allow this great body to produce legislation beneficial to all of the American people. It encompasses important provisions from both bills and reinforces the bipartisan congressional support for NASA. As one of the Members that represent NASA workers at Johnson Space Center, I am proud to support the version of H.R. 3070 brought before the House today.

H.R. 3070 provides focus and direction not only to accomplish the important mission of manned space exploration but also to bolster resources for robust aeronautics and basic research programs. It addresses the necessity to strengthen business, community, and educational partnerships and provides guidelines to ensure NASA's success.